

Welcome to the World of Better Hearing



Preparing for Your New
Hearing Instruments

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Your hearing professional has helped you choose hearing instruments that fit your lifestyle. Please read this information before you return for your fitting appointment.

Several important factors went into this decision:

- the degree of your hearing loss
- the size and shape of your ear
- hand dexterity
- visual requirements
- medical history
- overall preferences

It is important to remember that each hearing loss is unique and your hearing instruments are customized just for you.



Completely-In-The-Canal



In-The-Canal



In-The-Ear



Behind-The-Ear

Hearing instruments help you in a variety of listening situations, but it is important to remember that they will not restore normal hearing.

Your success depends on many things, especially your own realistic expectations. The adjustment period is different for everyone, but with patience and practice you can begin to enjoy the sounds and conversations you may have been missing.

New Sounds, New Experiences

It will take a little time to get used to the new sounds your hearing instruments provide. Your own voice may sound different, but in a few short weeks you will adjust and start experiencing benefits such as not having to ask people to repeat themselves and hearing the TV or radio at lower volume levels.



Effective Communication

Communication is much more than just talking to another person. Without paying attention, listening and understanding, you will miss some of the details. Looking at the person you're talking with makes a big difference.

Even with your hearing instruments the best way to communicate is face-to-face in a quiet room. Move closer to the person you are speaking with, and be sure to look at them. Minimize distractions like the TV or radio.



Remember that everyone has trouble hearing in noisy restaurants or rooms that have an echo. Hearing instruments may not help in every situation.



Make sure you take an active role in the communication process. Ask people to rephrase something you may have missed or move closer to the person speaking if you're not catching everything.

Hearing Instrument Use and Handling

Your hearing instruments may be smaller than many items you usually handle. Some practice will be needed to insert, remove, adjust and clean your devices correctly.



Your hearing instruments may have buttons and/or switches to select different settings as well as to turn them on and off.



Your hearing instruments may be smaller than many items you usually handle.

Hearing instruments are powered by a small battery. Your hearing professional will show you how to change batteries, and let you know where to get the size and kind that is right for your hearing instruments.



Past Hearing Aid Experience

Even if you have worn hearing instruments before, advancements in technology are likely to give your new instruments a different sound quality. You'll adjust in a short period of time.

You'll receive an instruction manual along with your hearing instruments, and your hearing professional will show you how to use them at your next appointment. Remember that patience, practice, and a positive attitude are the key to your success.

YOUR APPOINTMENT IS

Date: _____ Time: _____